

25th Annual Downeast
Ophthalmology Symposium
& Flynn Lecture
SEPTEMBER 25–27, 2026
Harborside Hotel, Spa & Marina
BAR HARBOR, MAINE



CME:
15
AMA PRA
Category 1
Credits™



Presented by the Maine Society of Eye Physicians and Surgeons
www.maineeyemds.com

Program Agenda

Friday, September 25

12:00pm Introductory Remarks *Sara Bozorg, MD, and Patrick Rapuano, MD, Course Directors*

Cataract (12:10pm – 1:55pm)

- 12:10 Mini Monovision *Sonia H. Yoo, MD*
12:45 Dysphotopsia: A Better Understanding *Steven G. Safran, MD*
1:20 Refractive Surprises After IOL Surgery *Sonia H. Yoo, MD*
1:55 Break with Exhibitors

Uveitis/Trauma/AI and Telemedicine (2:35pm – 4:30pm)

- 2:35 Posterior Uveitis: Is it Infectious? *Debra A. Goldstein, MD*
3:10 Your Virtual Visit Starts Now: AI and Telemedicine in Ophthalmic Care Delivery
Grayson W. Armstrong, MD, MPH
3:45 The Uveitis Work Up – Be a Minimalist *Debra A. Goldstein, MD*
4:05 Making the Most of Retinal Imaging You Already Have *Debra A. Goldstein, MD*
4:25 Final Questions/Closing Remarks
5:00 Harbor Cruise
6:45 Lobster Bake

Dinner Presentation: A Thoughtful Perspective on How Physicians Can Reconnect with Themselves, Embrace Aging, and Rediscover Meaning Beyond Medicine *Durga S. Larkin, MD*

Saturday, September 26

7:00am Panel Discussion (*Breakfast Available in Exhibit Area*)

Glaucoma (8:00am – 10:00am)

- 8:00 Surviving the Aging of America by Re-thinking How We Care for Glaucoma *Michael V. Boland, MD, PhD*
8:40 Lies, Damn Lies, and Tonometry: Clinical Decision-making with Intraocular Pressure *Andrew E. Pouw, MD*
9:20 So Many Glaucoma Procedures: How I Choose *Michael V. Boland, MD, PhD*
10:00 Break with Exhibitors

Uveitis/Trauma/AI and Telemedicine (10:45am – 11:25am)

- 10:45 Ocular Syphilis *Debra A. Goldstein, MD*

Cataract (11:25am – 2:15pm)

- 11:25 Pearls for Complex Cataract Surgery *Steven G. Safran, MD*
12:05pm Break/Chat with Exhibitors/Lunch Buffet (Working Lunch)
12:35 Corneal Reshaping Prior to Cataract Surgery *Sonia H. Yoo, MD*
1:15 Anterior Segment Surgery Plus Pars Plana Vitrectomy: Middle Ground or Out of Bounds *Steven G. Safran, MD*
1:40 Pearls for Refractive IOL Exchange *Steven G. Safran, MD*
2:00 Final Questions/Closing Remarks

Sunday, September 27

7:00am Panel Discussion (*Breakfast Available in Exhibit Area*)

Uveitis/Trauma/AI and Telemedicine (8:00am – 10:00am)

- 8:00 Teaching the Art of Ocular Trauma Surgery: Lessons in Saving the Eye *Grayson W. Armstrong, MD, MPH*
8:40 When Time is Vision: Telemedicine and AI in Ocular Trauma Care *Grayson W. Armstrong, MD, MPH*
9:20 **FLYNN LECTURE (in honor of Thomas E. Flynn, MD):**
Academy Update – Ophthalmology ER & Hospital Coverage and Beyond
Christopher J. Rapuano, MD, President, American Academy of Ophthalmology
10:10 Break with Exhibitors

Glaucoma (10:55am – 1:00pm)

- 10:55 Is This Really Happening? Changes in Visual Fields in Patients and Technology *Andrew E. Pouw, MD*
11:35 Putting Clinical Information Systems to Work for You in Glaucoma Care *Michael V. Boland, MD, PhD*
12:15pm Structure Doesn't Lie...Or Does It? Optical Coherence Tomography and Glaucoma *Andrew E. Pouw, MD*
12:55 Final Questions/Closing Remarks

Faculty



KEYNOTE SPEAKER

Christopher J. Rapuano, MD

President, American Academy of Ophthalmology; Director and Attending Surgeon, Cornea Service, Wills Eye Hospital; The Peter and Ruth Laibson Cornea Service Chief Endowed Chair; Professor, Sidney Kimmel Medical College at Thomas Jefferson University Philadelphia, PA



Grayson W. Armstrong, MD, MPH

Director, Ophthalmology Emergency Services; Associate Director, Ophthalmic Medical Student Education; Instructor of Ophthalmology Massachusetts Eye & Ear, Harvard Medical School Boston, MA



Michael V. Boland, MD, PhD

Medical Director of Practice Innovation, Associate Professor, Massachusetts Eye & Ear, Harvard Medical School Boston, MA



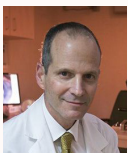
Debra A. Goldstein, MD

Professor of Ophthalmology Northwestern University Feinberg School of Medicine Chicago, IL



Andrew E. Pouw, MD

Medical Director of Perimetry Assistant Professor of Ophthalmology University of Iowa Carver College of Medicine Iowa City, IA



Steven G. Safran, MD

Eye Physician and Surgeon Lawrenceville, NJ



Sonia H. Yoo, MD

Professor of Ophthalmology Greentree Hickman Endowed Chair Associate Medical Director, Bascom Palmer Eye Institute Miami, FL



DINNER SPEAKER

Durga S. Larkin, MD

Board Certified Ophthalmologist Rhode Island Eye Institute Author, "Timeless Vision: Empowered Aging Redefined" Providence, RI

Planning Committee

Co-Chair: Sara Bozorg, MD

Co-Chair: Patrick Rapuano, MD

Founder of DOS: Samuel P. Solish, MD

Thomas E. Flynn, MD (*honorary*)

Benjamin Fowler, MD, PhD

Nour Maya Haddad, MD

Michelle Harris, MD

Lisa Neavyn, MD

Michael Nolan, MD

Jeremy Valentine, MD



Join us in Bar Harbor, Maine to enjoy great presentations from experts around the country, earn 15 hours of CME, and visit with colleagues. Please visit our website at www.maineeyemds.com for further information. If you have questions, contact Shirley Goggin by email at sgoggin@mainephysicians.org or by phone at 207-445-2260.

Accreditation/Credits

The Hanley Center for Health Leadership and Education designates this live activity for a maximum of 15 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and the Maine Society of Eye Physicians and Surgeons. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

Registration

Register online at www.maineeyemds.com or complete and return the conference registration form in this brochure. Conference registration includes attendance in all educational sessions, CME documentation, breakfast (Sat. & Sun.), snack breaks (Fri.-Sun.), lobster bake Friday evening, and luncheon Saturday.

Accommodations

Harborside Hotel, Spa & Marina reservations can be made two ways:

1. **ONLINE** at www.theharborsidehotel.com: Click on "Book Now" and enter dates between 9/24/26 and 9/27/26 – Under Code Type select – "Group/Block Code" and under "Code" enter 3532378.
2. **CALL** 1-800-328-5033 and tell them you are with the Downeast Ophthalmology Symposium Room Block # 3532378, September 24-27 to get our group rates.

The room reservation deadline is August 25, 2026. Reservations made after the deadline will be based on availability and may be subject to the prevailing hotel room rate. (See additional information on next panel) **For additional nights, front-end or back-end of room block, or a list of alternate accommodations in Bar Harbor, contact Shirley Goggin at sgoggin@mainephysicians.org.**

Conference Cancellation/Refunds

If you must cancel, please notify by phone and email. Conference registration fee, minus a \$50 administrative fee, will be refunded if notice of cancellation is received prior to 3:00pm on August 25, 2026. No refunds will be granted after August 25, 2026.

Americans With Disabilities Act

The Downeast Ophthalmology Symposium and the Harborside Hotel, Spa & Marina comply fully with ADA rules and regulations. Please notify us if you have any special needs.

Weather

Fall is one of Bar Harbor's most delightful seasons, though changes in temperature can occur rapidly. Maine fall weather features warm days and cool evenings (sometimes *very* cool).



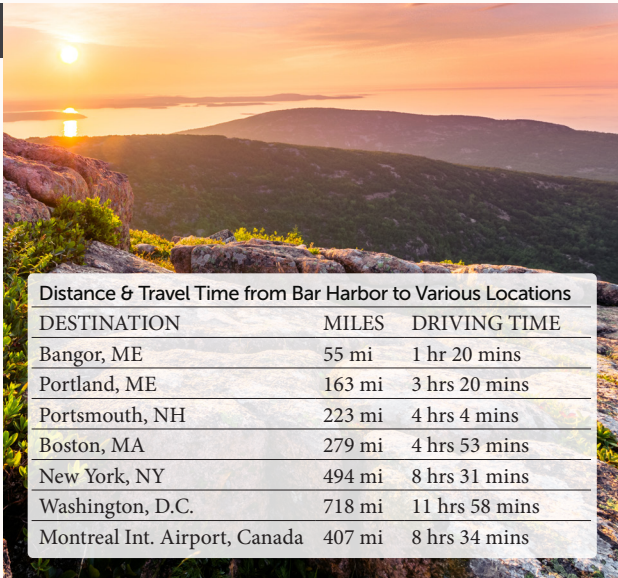
Harborside Hotel

Nestled on picturesque Frenchman’s Bay, the Harborside Hotel, Spa & Marina has made a name for itself as one of the premier downtown Bar Harbor hotels. With 193 superb accommodations, stellar amenities and authentic “Down East” hospitality, the Harborside has everything you need to create an unforgettable Bar Harbor visit.

Activities abound in beautiful Bar Harbor. Experience the stunning beauty of Acadia National Park, located just minutes away, or take advantage of the sophisticated dining, clay tennis courts, fitness center, oceanfront pool and pampering spa services at the nearby Bar Harbor Club.

Area Attractions

- 🌀 Acadia National Park & Visitor Center
- 🌀 Art galleries & museums
- 🌀 Brewery tours
- 🌀 Sightseeing tours
- 🌀 Antiques
- 🌀 Over 50 restaurants
- 🌀 Bike/canoe/kayak rentals
- 🌀 Public golf courses
- 🌀 120 miles of hiking trails
- 🌀 45 miles of mountain bike trails
- 🌀 Miniature golf
- 🌀 Horse-drawn carriage rides
- 🌀 Ferries to nearby islands
- 🌀 Sailing cruises/sunset sail cruises
- 🌀 Deep sea fishing
- 🌀 Whale watching



Distance & Travel Time from Bar Harbor to Various Locations		
DESTINATION	MILES	DRIVING TIME
Bangor, ME	55 mi	1 hr 20 mins
Portland, ME	163 mi	3 hrs 20 mins
Portsmouth, NH	223 mi	4 hrs 4 mins
Boston, MA	279 mi	4 hrs 53 mins
New York, NY	494 mi	8 hrs 31 mins
Washington, D.C.	718 mi	11 hrs 58 mins
Montreal Int. Airport, Canada	407 mi	8 hrs 34 mins

Whether you drive, explore on foot, by bike or horse & carriage, the park offers a fantastic landscape of mountains, ocean and forest like no other. For helpful information about planning your visit to Acadia National Park, entrance passes, and vehicle registrations, go to www.nps.gov/acadia.

www.barharborinfo.com



Airport Information

Bangor International Airport

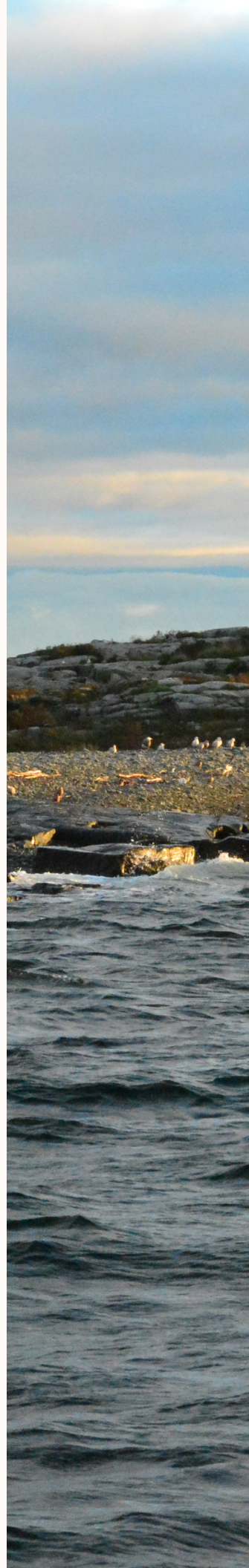
(A very direct route from Bangor to Bar Harbor)
1 hour 20 minutes – 55 miles • (207) 992-4600
www.flybangor.com

Portland International Jetport

3 hours 20 minutes – 163 miles • (207) 874-8877
www.portlandjetport.org

Hancock County/Bar Harbor Airport

(Please note this is a very small airport)
20 minutes – 12 miles • (207) 667-7329
www.bhbairport.com



25th Annual Downeast Ophthalmology Symposium Conference Registration Form



Online registration available at www.maineeyemds.com →

Please print:

Name _____ MD/DO
First MI Last (Please circle)

Office Address _____ City _____ State _____ Zip _____

Tel _____ Cell _____ E-mail _____
(to be used for conference purposes only)

Guest name(s) _____
(For Friday evening event purposes only – additional fees apply as shown below.)

Please complete table with number attending each event in each category (write 0 if none):

	Physicians	Physicians in Training/Techs	Guests
Educational Sessions	x \$695	x \$450	N/A
Harbor Cruise	x \$40	x \$40	x \$40
Lobster Bake	x \$0	x \$0	x \$85
<i>For special dietary requests or questions regarding lobster bake menu, contact Shirley Goggin at 207-445-2260 or sgoggin@mainephysicians.org</i>			
Totals	\$ _____	\$ _____	\$ _____
GRAND TOTAL: \$ _____			

By registering for this event, you consent to the use of any photographs or videos taken during the event for promotional purposes. This includes, but is not limited to, use on our website, in slideshows, and in advertising and marketing materials.

- Enclosed is my check made payable to: Downeast Ophthalmology Symposium
- Please charge my: Visa MasterCard

Card # _____ CCV _____ Exp _____

Name _____ Signature _____

Address Associated with Card _____

**Complete registration and mail with full payment to:
 Downeast Ophthalmology Symposium, P.O. Box 190, Manchester, ME 04351**

NOTE: An email confirmation will be sent to you when your conference registration is received. If you do not receive an email confirmation, please contact Shirley Goggin at sgoggin@mainephysicians.org or 207-445-2260 to confirm.

Harborside Hotel, Spa & Marina Accommodations

Hotel Reservation Deadline: August 25, 2026

Reservations received after the Reservation Deadline will be based on availability and may also be subject to the prevailing hotel room rate. Please book early, as rooms may sell out before the deadline. Contact Shirley Goggin at sgoggin@mainephysicians.org or 207-445-2260 if you have questions/issues with room block or would like to try to extend before or after the block dates.

Room Options (subject to 9% State Tax per night):

Various Rooms are available under the DOWNEAST OPHTHALMOLOGY SYMPOSIUM ROOM BLOCK ranging in price from \$329.00 to \$452.00.

TWO WAYS TO MAKE YOUR RESERVATIONS:

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A credit card number is required to make your reservation. Cancellations must be made seven (7) days prior to arrival date to avoid penalty. Check-in time is 4:00pm; Check-out time is 11:00am. Please note that the Harborside Hotel, Spa & Marina is a non-smoking hotel.

NOTE: An email confirmation from the Hotel will be sent to you when your reservation has been made. Rates will be subject to a discounted \$20 taxable resort fee per room, per night (this has been discounted from the standard rate for our group). If you do not receive an email confirmation from the hotel after making your reservation, please contact hotel reservations at 1-800-328-5033 to confirm your reservation.

Downeast Ophthalmology Symposium
P.O. Box 190
Manchester, ME 04351

PRSRT STD
U.S. Postage
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Permit No. 275
Augusta, ME

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