

24th Annual Downeast Ophthalmology Symposium **SEPTEMBER 19–21, 2025**

Harborside Hotel, Spa & Marina
BAR HARBOR, MAINE

CME:

15

AMA PRA
Category 1
Credits™



Presented by the Maine Society of Eye Physicians and Surgeons

www.maineeyemds.com

Program Agenda

Friday, September 19

12:00pm Introductory Remarks *Sara Bozorg, MD, and Patrick Rapuano, MD, Co-Chairs*

Neuro-Ophthalmology (12:10pm – 1:55pm)

12:10 Migraine – What Does the Ophthalmologist Need to Know? *Kathleen B. Digre, MD*

12:45 Neuro-Ophthalmology: Five Diagnoses Not to Miss *Andrew G. Lee, MD*

1:20 My Oh My – Eye Pain and No Red Eye! *Kathleen B. Digre, MD*

1:55 Break with Exhibitors

Glaucoma (2:35pm – 4:30pm)

2:35 SLT in 2025 *Tony Realini, MD, MPH*

3:10 Interventional Glaucoma: Creating Your Own Treatment Protocol *Oluwatosin “Tosin” Smith, MD*

3:45 Lifelong Glaucoma Care – Lessons from Clinical Trials *Tony Realini, MD, MPH*

4:20 Final Questions/Closing Remarks

5:00 Harbor Cruise

6:45 Lobster Bake

Dinner Presentation: Introducing “Dead Writers”: A Podcast About Great American Writers and Where They Lived *Tess Chakkalakal, Professor of Africana Studies and English, Bowdoin College*

Saturday, September 20

7:00am Panel Discussion (*Breakfast Available in Exhibit Area*)

Cataract (8:00am – 10:00am)

8:00 Manual Small Incision Cataract Surgery (MSICS) *Cristos Ifantides, MD, MBA*

8:40 The Light Adjustable Lens: Impressions After 500 and My 2 Eyes *Samir Melki, MD, PhD*

9:20 Middle Segment Surgery (MSS) *Cristos Ifantides, MD, MBA*

10:00 Break with Exhibitors

10:45 **KEYNOTE ADDRESS** The Importance of Advocacy in Protecting Patients
Michael X. Repka, MD, MBA, President and Medical Director for Government Affairs, American Academy of Ophthalmology; David L. Guyton, MD, and Feduniak Professor of Ophthalmology, Wilmer Eye Institute

11:30 Break with Exhibitors/Lunch Buffet (Working Lunch)

Neuro-Ophthalmology (12:00pm – 2:15pm)

12:00pm Conundrums in Idiopathic Intracranial Hypertension (IIH) *Kathleen B. Digre, MD*

12:40 Seven Steps in Unexplained Visual Loss *Andrew G. Lee, MD*

1:20 Optic Neuritis (ON) *Andrew G. Lee, MD*

2:00 Final Questions/Closing Remarks

Sunday, September 21

7:00am Panel Discussion (*Breakfast Available in Exhibit Area*)

Glaucoma (8:00am – 10:00am)

8:00 Advances in MIGS: New Procedures and Best Techniques *Oluwatosin “Tosin” Smith, MD*

8:40 The Evolving Glaucoma Treatment Paradigm: Topicals vs Sustained-Released vs SLT vs MIGS
Tony Realini, MD, MPH

9:20 Office Tips and Tricks: Improving Clinical Workflow and Efficiency *Oluwatosin “Tosin” Smith, MD*

10:00 Break with Exhibitors

Cataract (10:45am – 1:00pm)

10:45 Office Based Surgery: Can Everyone Do It? *Samir Melki, MD, PhD*

11:25 Complex Phaco Cataract Surgery *Cristos Ifantides, MD, MBA*

12:05pm Femtosecond Cataract Surgery: Is It Worth It? *Samir Melki, MD, PhD*

12:45 Final Questions/Closing Remarks

Faculty



KEYNOTE SPEAKER

Michael X. Repka, MD, MBA

President and Medical Director for Governmental Affairs, American Academy of Ophthalmology; David L. Guyton, MD, and Feduniak Professor of Ophthalmology, Wilmer Eye Institute Baltimore, MD



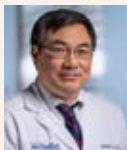
Kathleen B. Digre, MD

Distinguished Professor Neurology, Professor Ophthalmology, Moran Eye Center, University of Utah Salt Lake City, UT



Cristos Ifantides, MD, MBA

Tyson Eye, Refractive Cataract and Glaucoma Surgeon Adjunct Assistant Professor of Ophthalmology, University of Colorado Fort Myers, FL



Andrew G. Lee, MD

Herb and Jean Lyman Centennial, Chair of Ophthalmology, Blanton Eye Institute, Houston Methodist Hospital Houston, TX



Samir Melki, MD, PhD

Founder, Boston Vision Associate Professor, Harvard Medical School Boston, MA



Tony Realini, MD, MPH

Tenured Professor of Ophthalmology Vice Chair, Clinical Research, West Virginia University Morgantown, WV



Oluwatosin "Tosin" Smith, MD

Partner Physician, Glaucoma Associates of Texas Adjunct Associate Professor of Ophthalmology, UT Southwestern Medical College Dallas, TX



DINNER SPEAKER

Tess Chakkalakal

Professor of Africana Studies and English, Bowdoin College Brunswick, ME

Planning Committee

Co-Chair: Sara Bozorg, MD

Co-Chair: Patrick Rapuano, MD

Founder of DOS: Samuel P. Solish, MD

Thomas Flynn, MD

Benjamin Fowler, MD, PhD

Maroulla Gleaton, MD

Nour Maya Haddad, MD

Michelle Harris, MD

Lisa Neavyn, MD

Michael Nolan, MD

Jeremy Valentine, MD



PHOTO BY WESLEY ADAMS, MD

Join us in-person in Bar Harbor to enjoy great presentations from experts around the country, earn 15 hours of CME, and visit with colleagues. Please visit our website at www.maineeyemds.com for further information. If you have questions, contact Shirley Goggin by email at sgoggin@mainephysicians.org or by phone at 207-445-2260.

Accreditation/Credits

The Hanley Center for Health Leadership and Education designates this live activity for a maximum of 15 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and the Maine Society of Eye Physicians and Surgeons. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

Registration

Register online at www.maineeyemds.com or complete and return the conference registration form in this brochure. Conference registration includes attendance in all educational sessions, CME documentation, breakfast (Sat. & Sun.), snack breaks (Fri.-Sun.), lobster bake Friday evening, and luncheon Saturday.

Accommodations

Harborside Hotel, Spa & Marina reservations can be made two ways:

1. **ONLINE** at www.theharborsidehotel.com: Click on "Book Now" and enter dates between 9/18/25 and 9/21/25 – Under Code Type select – "Group/Block Code" and under "Code" enter 5532226.
2. **CALL** 1-800-328-5033 and tell them you are with the Downeast Ophthalmology Symposium Room Block # 5532226, September 18-21 to get our group rates.

The room reservation deadline is August 19, 2025. Reservations made after the deadline will be based on availability and may be subject to the prevailing hotel room rate. (See additional information on next panel) For additional nights, front-end or back-end of room block, or a list of alternate accommodations in Bar Harbor, contact Shirley Goggin at sgoggin@mainephysicians.org.

Conference Cancellation/Refunds

If you must cancel, please notify by phone and email. Conference registration fee, minus a \$50 administrative fee, will be refunded if notice of cancellation is received prior to 3:00pm on August 19, 2025. No refunds will be granted after August 19, 2025.

Americans With Disabilities Act

The Downeast Ophthalmology Symposium and the Harborside Hotel, Spa & Marina comply fully with ADA rules and regulations. Please notify us if you have any special needs.

Weather

Fall is one of Bar Harbor's most delightful seasons, though changes in temperature can occur rapidly. Maine fall weather features warm days and cool evenings (sometimes *very* cool).



Harborside Hotel

Nestled on picturesque Frenchman's Bay, the Harborside Hotel, Spa & Marina has made a name for itself as one of the premier downtown Bar Harbor hotels. With 193 superb accommodations, stellar amenities and authentic "Down East" hospitality, the Harborside has everything you need to create an unforgettable Bar Harbor visit.

Activities abound in beautiful Bar Harbor. Experience the stunning beauty of Acadia National Park, located just minutes away, or take advantage of the sophisticated dining, clay tennis courts, fitness center, oceanfront pool and pampering spa services at the nearby Bar Harbor Club.

Area Attractions

- 🌀 **Acadia National Park & Visitor Center**
- 🌀 Art galleries & museums
- 🌀 Brewery tours
- 🌀 Sightseeing tours
- 🌀 Antiques
- 🌀 Over 50 restaurants
- 🌀 Bike/canoe/kayak rentals
- 🌀 Public golf courses
- 🌀 120 miles of hiking trails
- 🌀 45 miles of mountain bike trails
- 🌀 Miniature golf
- 🌀 Horse-drawn carriage rides
- 🌀 Ferries to nearby islands
- 🌀 Sailing cruises/sunset sail cruises
- 🌀 Deep sea fishing
- 🌀 Whale watching



Distance & Travel Time from Bar Harbor to Various Locations		
DESTINATION	MILES	DRIVING TIME
Bangor, ME	55 mi	1 hr 20 mins
Portland, ME	163 mi	3 hrs 20 mins
Portsmouth, NH	223 mi	4 hrs 4 mins
Boston, MA	279 mi	4 hrs 53 mins
New York, NY	494 mi	8 hrs 31 mins
Washington, D.C.	718 mi	11 hrs 58 mins
Montreal Int. Airport, Canada	407 mi	8 hrs 34 mins

PHOTO BY WESLEY ADAMS, MD

Whether you drive, explore on foot, by bike or horse & carriage, the park offers a fantastic landscape of mountains, ocean and forest like no other. For helpful information about planning your visit to Acadia National Park, entrance passes, and vehicle registrations, go to www.nps.gov/acadia.

www.barharborinfo.com



PHOTO BY WESLEY ADAMS, MD

Airport Information

Bangor International Airport

(A very direct route from Bangor to Bar Harbor)
1 hour 20 minutes – 55 miles • (207) 992-4600
www.flybangor.com

Portland International Jetport

3 hours 20 minutes – 163 miles • (207) 874-8877
www.portlandjetport.org

Hancock County/Bar Harbor Airport

(Please note this is a very small airport)
20 minutes – 12 miles • (207) 667-7329
www.bhbairport.com



24th Annual Downeast Ophthalmology Symposium Conference Registration Form



Online registration available at www.maineeyemds.com —→

Please print:

Name _____ MD/DO
First MI Last (Please circle)

Office Address _____ City _____ State _____ Zip _____

Tel _____ Cell _____ E-mail _____
(to be used for conference purposes only)

Guest name(s) _____
(For Friday evening event purposes only – additional fees apply as shown below.)

Please complete table with number attending each event in each category (write 0 if none):

	Physicians	Physicians in Training/Techs	Guests
Educational Sessions	x \$695	x \$450	N/A
Harbor Cruise	x \$40	x \$40	x \$40
Lobster Bake	x \$0	x \$0	x \$85
For special dietary requests or questions regarding lobster bake menu, contact Shirley Goggin at 207-445-2260 or sgoggin@mainephysicians.org			
Totals	\$	\$	\$
GRAND TOTAL: \$			

By registering for this event, you consent to the use of any photographs or videos taken during the event for promotional purposes.
This includes, but is not limited to, use on our website, in slideshows, and in advertising and marketing materials.

- ☐ Enclosed is my check made payable to: Downeast Ophthalmology Symposium
☐ Please charge my: ☐ Visa ☐ MasterCard

Card # _____ CCV _____ Exp _____

Name _____ Signature _____

Address Associated with Card _____

Complete registration and mail with full payment to:
Downeast Ophthalmology Symposium, P.O. Box 190, Manchester, ME 04351

NOTE: An email confirmation will be sent to you when your conference registration is received. If you do not receive an email confirmation, please contact Shirley Goggin at sgoggin@mainephysicians.org or 207-445-2260 to confirm.

Harborside Hotel, Spa & Marina Accommodations Hotel Reservation Deadline: August 19, 2025

Reservations received after the Reservation Deadline will be based on availability and may also be subject to the prevailing hotel room rate. Please book early, as rooms may sell out before the deadline. Contact Shirley Goggin at sgoggin@mainephysicians.org or 207-445-2260 if you have questions/issues with room block.

Room Options (subject to 9% State Tax per night):

Various Rooms are available under the DOWNEAST OPHTHALMOLOGY SYMPOSIUM ROOM BLOCK ranging in price from \$325.00 to \$445.00.

TWO WAYS TO MAKE YOUR RESERVATIONS:

- ONLINE** at www.theharborsidehotel.com: Click on “Book Now” and enter dates between 9/18/25 and 9/21/25 – Under Code Type select – “Group/Block Code” and under “Code” enter 5532226.
- CALL** 1-800-328-5033 and tell them you are with the Downeast Ophthalmology Symposium Room Block # 5532226, September 18–21 to get our group rates.

A credit card number is required to make your reservation. Cancellations must be made seven (7) days prior to arrival date to avoid penalty. Check-in time is 4:00pm; Check-out time is 11:00am. Please note that the Harborside Hotel, Spa & Marina is a non-smoking hotel.

NOTE: An email confirmation from the Hotel will be sent to you when your reservation has been made. Rates will be subject to a discounted \$20 taxable resort fee per room, per night (this has been discounted from the standard rate for our group). If you do not receive an email confirmation from the hotel after making your reservation, please contact hotel reservations at 1-800-328-5033 to confirm your reservation.

Downeast Ophthalmology Symposium
P.O. Box 190
Manchester, ME 04351

PRSRT STD
U.S. Postage
PAID
Permit No. 275
Augusta, ME

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