

22nd Annual Downeast
Ophthalmology Symposium
SEPTEMBER 29–OCTOBER 1, 2023

Harborside Hotel & Marina
BAR HARBOR, MAINE

CME:
15
Category 1
Credits



Presented by the Maine Society of Eye Physicians and Surgeons
www.maineeyemds.com

Program Agenda

Friday, September 29

12:00pm Introductory Remarks *Samuel P. Solish, MD, Course Director*

Cataract/Refractive (12:10pm – 1:55pm)

- 12:10 Refractive Enhancements in Premium Cataract Surgery *Jennifer M. Loh, MD*
- 12:45 Advances in the Diagnosis and Treatment of Keratoconus & Post-LASIK Ectasia *William B. Trattler, MD*
- 1:20 Strategies for Complex Cataracts *Jennifer M. Loh, MD*
- 1:55 Break with Exhibitors

Glaucoma (2:35pm – 4:30pm)

- 2:35 Filtration Surgery – Will the Art Be Lost *Steven T. Simmons, MD*
- 3:10 Transformation of Eye Care Through Innovations *Lama A. Al-Aswad, MD, MPH*
- 3:45 Treating Glaucoma for 40 Years – Success and Failures *Steven T. Simmons, MD*
- 4:20 Final Questions/Closing Remarks
- 5:00 Harbor Cruise
- 6:45 Lobster Bake

Dinner Presentation: The History of Science on Mount Desert Island

Jerilyn Bowers, Director of Development and Public Affairs, MDI Biological Laboratory

Saturday, September 30

7:00am Panel Discussion (*Breakfast Available in Exhibit Area*)

Plastics (8:00am – 10:00am)

- 8:00 Lumps and Bumps *Sara T. Wester, MD*
- 8:40 Thyroid Eye Disease – How I Treat in 2023 and Advances in Treatment Options and Targeted Therapy *Michael Kazim, MD & Sara T. Wester, MD*
- 10:00 Break with Exhibitors
- 10:45 **KEYNOTE ADDRESS** A Year of Engagement – Your Commitment is Critical!
Daniel J. Briceland, MD, President, American Academy of Ophthalmology
- 11:30 Break with Exhibitors/Lunch Buffet (Working Lunch)

Cataract/Refractive (12:00pm – 2:15pm)

- 12:00pm Pearls for Selecting Presbyopia-correcting IOLs for Your Patients *William B. Trattler, MD*
- 12:40 Management of Corneal Disorders to Improve Outcomes in Cataract Surgery *Jennifer M. Loh, MD*
- 1:20 Managing Intraoperative Complications During Cataract Surgery *William B. Trattler, MD*
- 2:00 Final Questions/Closing Remarks

Sunday, October 1

7:00am Panel Discussion (*Breakfast Available in Exhibit Area*)

Glaucoma (8:00am – 10:00am)

- 8:00 AI and Glaucoma *Lama A. Al-Aswad, MD, MPH*
- 8:40 The Importance of Treating IOP – Understanding and Playing the Odds *Steven T. Simmons, MD*
- 9:20 Decision Intelligence in Glaucoma Care *Lama A. Al-Aswad, MD, MPH*
- 10:00 Break with Exhibitors

Plastics (10:45am – 1:00pm)

- 10:45 Ptosis – Pearls and Pitfalls *Michael Kazim, MD*
- 11:25 Epiphora: Causes and Treatment Options *Sara T. Wester, MD*
- 12:05pm Mohs Reconstruction Made Simple *Michael Kazim, MD*
- 12:45 Final Questions/Closing Remarks

Faculty



KEYNOTE SPEAKER

Daniel J. Briceland, MD

President
American Academy of Ophthalmology
Carefree, AZ



Lama A. Al-Aswad, MD, MPH

Irene Heinz Given and John Laporte Given
Research Professorship of Ophthalmology II,
Vice Chair for Quality and Safety, Director of
Teleophthalmology, AI and Innovations
at the Scheie Eye Institute, University of Pennsylvania
Philadelphia, PA



Michael Kazim, MD

Clinical Professor of Ophthalmology and Surgery
Columbia University
New York, NY



Jennifer M. Loh, MD

Founder and Medical Director, Loh Ophthalmology
Associates, Board of Directors, Eye Physicians of
Florida; Clinical Faculty, Larkin Ophthalmology
Residency Program
Miami, FL



Steven T. Simmons, MD

Associate Clinical Professor of Ophthalmology
Albany Medical College
Albany, NY



William B. Trattler, MD

Director of Cornea, Center for Excellence in Eye Care
Vice Chair of Research for the Department of
Ophthalmology, Herbert Wertheim College of Medicine,
Florida International University
Miami, FL



Sara T. Wester, MD

Professor of Clinical Ophthalmology
Oculofacial Plastic and Reconstructive Surgery
Orbital Surgery and Oncology
Bascom Palmer Eye Institute
University of Miami Miller School of Medicine
Miami, FL



DINNER SPEAKER

Jerilyn Bowers

Director of Development and Public Affairs
MDI Biological Laboratory
Bar Harbor, ME

Planning Committee

Course Director: Samuel P. Solish, MD Portland, ME

Sara Bozorg, MD Portland, ME

Thomas Flynn, MD Ellsworth, ME

Maroulla Gleaton, MD Augusta, ME

Michelle Harris, MD Brunswick, ME

Kaitlyn Nolan, MD Damariscotta, ME

Michael Nolan, MD Fairfield, ME

Robert Rice, MD Sanford, ME

Jordan Sterrer, MD Portland, ME

Join us in-person in Bar Harbor to enjoy great presentations from experts around the country, earn 15 hours of CME, and visit with colleagues. Please visit our website at www.maineeyemds.com for further information. If you have questions, contact Shirley Goggin by email at sgoggin@mainemed.com or by phone at 207-445-2260.



Accreditation/Credits

The Maine Medical Education Trust designates this activity for a maximum of 15 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint Providership of the Maine Medical Education Trust and the Maine Society of Eye Physicians and Surgeons. The Maine Medical Education Trust is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation (CCMEA) to provide Continuing Medical Education (CME) for physicians.

Registration

Register online at www.maineeyemds.com or complete and return the conference registration form in this brochure. Conference registration includes attendance at educational sessions, CME documentation, breakfasts, break snacks, Friday dinner, and Saturday lunch.

Accommodations

Reservations should be made by **calling** the Harborside Hotel and Marina at **1-800-328-5033** and telling them you are with the Downeast Ophthalmology Symposium to get our group rates or **make reservations online** at theharborsidehotel.com - under Special Code, select "Group/Block Code" and under Promo Code enter DWNOPT092823 to get our group rates.. **The room reservation deadline is August 29, 2023.** Reservations made after the deadline will be based on availability and may be subject to the prevailing hotel room rate. (See additional information on next panel) For a list of alternate accommodations in Bar Harbor, contact Shirley Goggin at sgoggin@mainemed.com or 207-445-2260.

Conference Cancellation/Refunds

If you must cancel, please notify by phone and email. Conference registration fee, minus a \$50 administrative fee, will be refunded if notice of cancellation is received prior to 3:00 p.m. on August 29, 2023. No refunds will be granted after August 29, 2023.

Americans With Disabilities Act

The Downeast Ophthalmology Symposium and the Harborside Hotel and Marina comply fully with ADA rules and regulations. Please notify us if you have special needs.

Weather

Fall is one of Bar Harbor's most delightful seasons, though changes in temperature can occur rapidly. Maine fall weather features warm days and cool evenings (sometimes *very* cool).



Harborside Hotel

Nestled on picturesque Frenchman’s Bay, the Harborside Hotel, Spa & Marina has made a name for itself as one of the premier downtown Bar Harbor hotels. With 193 superb accommodations, stellar amenities and authentic “Down East” hospitality, the Harborside has everything you need to create unforgettable Bar Harbor visit.

Activities abound in beautiful Bar Harbor. Experience the stunning beauty of Acadia National Park, located just minutes away, or take advantage of the sophisticated dining, clay tennis courts, fitness center, oceanfront pool and pampering spa services at the nearby Bar Harbor Club.

Area Attractions

- ☉ Acadia National Park & Visitor Center
- ☉ Art galleries & museums
- ☉ Brewery tours
- ☉ Sightseeing tours
- ☉ Antiques
- ☉ Over 50 restaurants
- ☉ Bike/canoe/kayak rentals
- ☉ Three public golf courses
- ☉ 120 miles of hiking trails
- ☉ 45 miles of mountain bike trails
- ☉ Miniature golf
- ☉ Horse carriage rides
- ☉ Ferries to nearby islands
- ☉ Sailing cruises/sunset sail cruises
- ☉ Deep sea fishing
- ☉ Whale watching



Distance & Travel Time from Bar Harbor to Various Locations		
DESTINATION	MILES	DRIVING TIME
Bangor, Maine	55 mi	1 hr 20 mins
Portland, Maine	163 mi	3 hrs 20 mins
Portsmouth, NH	223 mi	4 hrs 4 mins
Boston, Massachusetts	279 mi	4 hrs 53 mins
New York, New York	494 mi	8 hrs 31 mins
Washington, D.C.	718 mi	11 hrs 58 mins
Montreal Int. Airport, Canada	407 mi	8 hrs 34 mins

Whether you drive, explore on foot, by bike or horse & carriage, the park offers a fantastic landscape of mountains, ocean and forest like no other. www.barharborinfo.com



Airport Information

Bangor International Airport

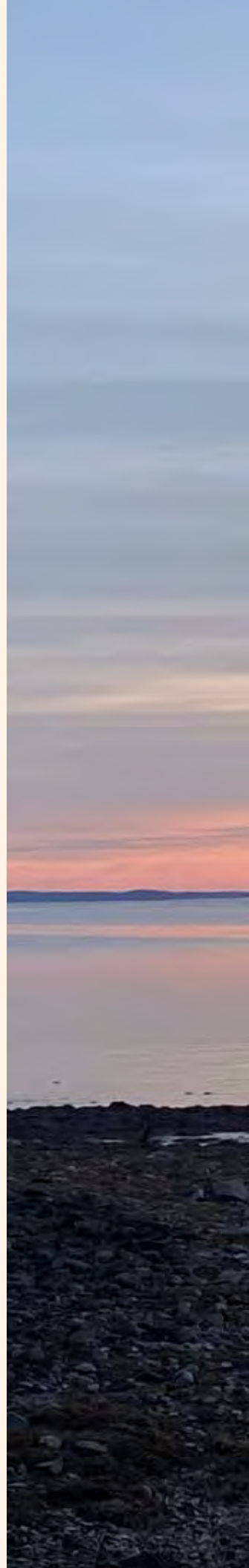
(A very direct route from Bangor to Bar Harbor)
1 hour 20 minutes – 55 miles • (207) 992-4600
www.flybangor.com

Portland International Jetport

3 hours 20 minutes – 163 miles • (207) 874-8877
www.portlandjetport.org

Hancock County/Bar Harbor Airport

(Please note this is a very small airport)
20 minutes – 12 miles • (207) 667-7329
www.bhbairport.com



22nd Annual Downeast Ophthalmology Symposium Conference Registration Form



Online registration available at www.maineeyemds.com →

Please print:

Name _____ MD/DO
First MI Last (Please circle)

Office Address _____ City _____ State _____ Zip _____

Tel _____ Cell _____ E-mail _____
(to be used for conference purposes only)

Guest name(s) _____

(Note: There is an additional meal charge if you plan to bring a guest to the Lobster Bake.)

Please complete table with **number attending** each event in each category (write 0 if none):

	Physicians	Physicians in Training/Techs	Guests
Educational Sessions	x \$695	x \$450	N/A
Harbor Cruise	x \$35	x \$35	x \$35
Lobster Bake	x \$0	x \$0	x \$75
<i>For special dietary requests or questions regarding lobster bake menu, contact Shirley Goggin at 207-445-2260 or sgoggin@mainemed.com</i>			
Totals	\$	\$	\$
GRAND TOTAL: \$			

- Enclosed is my check made payable to: Downeast Ophthalmology Symposium
- Please charge my: Visa MasterCard

Card # _____ CCV _____ Exp _____

Name _____ Signature _____

Address Associated with Card _____

Complete registration and mail or fax with full payment to:

Downeast Ophthalmology Symposium, P.O. Box 190, Manchester, ME 04351

Fax: 207-445-4880 (alternate fax 207-622-3332) (Note: fax for credit card only)

NOTE: An email confirmation will be sent to you when your conference registration is received. If you do not receive an email confirmation, please contact Shirley Goggin at sgoggin@mainemed.com or 207-445-2260 to confirm.

Harborside Hotel Accommodations

FOR RESERVATIONS CALL 1-800-328-5033 * Hotel Reservation Deadline: August 29, 2023

Reservations received after the Reservation Deadline will be based on availability and may also be subject to the prevailing hotel room rate. Please book early, as rooms may sell out before the deadline.

Room Options (subject to 9% State Tax per night):

Various Rooms are available under the DOWNEAST OPHTHALMOLOGY SYMPOSIUM ROOM BLOCK ranging in price from \$319.00 to \$431.00.

TWO WAYS TO MAKE YOUR RESERVATIONS:

1. CALL 1-800-328-5033 and tell them you are with the Downeast Ophthalmology Symposium Room Block September 29 – October 1 in order to get our group rates.
2. ONLINE at www.theharborsidehotel.com – under Special Code select “Group/Block Code” and under “Promo Code” enter DWNOPT092823 to get our group rates.

A credit card number is required to make your reservation. Cancellations must be made seven (7) days prior to arrival date to avoid penalty. Check-in time is 4:00pm; Check-out time is 11:00am. Please note that the Harborside Hotel and Marina is a non-smoking hotel.

NOTE: An email confirmation from the Hotel will be sent to you when your reservation has been made. A resort fee of \$35 will appear on your confirmation but will not be charged upon checkout. If you do not receive an email confirmation from the hotel after making your reservation, please contact the hotel reservations at 1-800-328-5033 to confirm your reservation.

Downeast Ophthalmology Symposium
P.O. Box 190
Manchester, ME 04351

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